

# One Light

## ALL MATTER IN MOTION SEEKS REST

This is a universe of ONE THING. All matter which is electrically separated from that oneness seeks it. This is a fundamental principle and underlying desire of all Creation. It is as true of humans and their emotions as it is of matter.

We again repeat that electricity is a division of the **One Light** into two extensions of that **Light** projected through each other, each becoming the other alternately. The **One Light** is a pressureless and sexless condition. The two lights which are extended from the one are opposed pressures and opposed sexed conditions.

Thus there are but two conditions of matter - either expanding from [stillness](#) or contracting toward [stillness](#). Each condition arises from the other. The instant it becomes its own opposite it gets as far away from that opposite as is necessary to find balance in a like condition. It seeks its like condition to find [rest](#) in a balanced condition and not because the matter of it is attracted by the matter it seeks. A log floating down stream is seeking a balanced condition and is not being attracted by the dam or by other logs.

These opposites represent the compression-extension [father-mother](#) principle which integrates **light** into solids and disintegrates it into vapors and gases. [[Walter Russell](#), [The Secret of Light](#), pages 155-156]

See Also

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[List of Synonyms for Scalar](#)  
[Scalar](#)  
[Scalar Potential](#)