


Calcium-Magnesium Balance

Aluminum Toxicity

The principle of calcium/magnesium balance demonstrates how aluminum toxicity can be mitigated by neutralizing soil pH and reintroducing essential nutrients like magnesium. Similarly, understanding the interaction between aluminum and magnesium at a cellular level could shed light on its potential role in neurodegenerative diseases like Alzheimer's. By restoring magnesium levels, whether in soil or biological tissues, essential processes can resume, highlighting the critical role of elemental balance in health and growth.

ChatGPT review of the above (and additional) data:

<https://chatgpt.com/share/674f4bab-db1c-800d-91df-ef4ff9ca2038> 

See Also

AI Interpretations of SVP

aluminum

Calcium

magnesium