

18.16 - Mind as Healer - Cayce

Cayce

"The *MIND* acts upon the resuscitating forces of the physical being, by and through *suggestion*. Just so there may be the realization that *spiritual* forces are a part of the whole physical being. For, the REAL being is the *spiritual* import, *intent* and *purpose*, see? Thus a *meditation*, a centralizing, a localizing of the *mind* upon those portions of the system affected." Cayce (1992-3)

"Know that all healing forces must be within, not without! The applications from without are to create within a coordinating mental and spiritual force." [Cayce 1196-7]

Mind being the healer of our bodies is the premise of Dr. Phineas P. Quimby's philosophy. He claimed the cause of every illness is *belief* and at the core of every *belief* is an *idea*. Change the *idea* and the *belief* is gone and the *disease* disappears. Actually, according to Quimby our bodies cannot be diseased because they have no *life* - it is the *Mind* that is diseased - and the *body* simply manifests the state of the *mind*. [Dale Pond]

See Also

1.4 - Etheric Mind Force in Healing

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[Disease](#)

[Healing](#)

[Health](#)

[How Idea Becomes Matter or Disease](#)

[Keely - Cure of Disease](#)

[Matter](#)

[Mind and Matter](#)

[Mind In Matter](#)

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[Part 23 - Harmony is Health - Discord is Disease](#)

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